

**Appendix I
Responding to the Mental Health and Addictions Needs in Peel**

Appendix I. Opportunities for Peel within the New Provincial Mental Health and Addictions Strategy

Key Priorities identified at the Peel Mental Health and Addictions Round Table	Key Opportunities within Provincial Mental Health and Addictions Priorities in Roadmap to Wellness
<p>Inequitable funding for the following:</p> <ul style="list-style-type: none"> • Counselling and therapy core services for youth and adults • Services specific to children and youth mental health • Adult mental health and addictions services • Supportive housing allocation 	<ul style="list-style-type: none"> • Province acknowledges that some of today’s funding is based on historical arrangements and is not evidence-based. • Note that consistency and quality of services vary from provider to provider, and between regions. • Centre of Excellence will deliver evidence-based services and clinical care to provide more consistent care • Better organize the system to provide high-quality and evidence-based services across a person’s entire lifespan • Framework and standards to define core provincially-funded services, ensure consistency of delivery, and to help target funding to address any gaps and equity. • Framework to also leverage work on children and youth core services. • Planning to expand services including implementing Mindability, a cognitive behavioural therapy (CBT) program covered by OHIP, and addictions services.
<p>Growing waitlists</p>	<ul style="list-style-type: none"> • Province acknowledges that the demand for mental health and addictions services exceeds available capacity, often resulting in long wait times for services. • Framework will help match Ontarians to right core services more quickly with goal to get Ontarians the most appropriate care in a timely manner. • By expanding and adding new programs, the province hopes to see a decline in waitlists for services and supports.
<p>Lack of system planning and service delivery</p>	<ul style="list-style-type: none"> • Province acknowledges that there is poor coordination across the system results in inefficiencies and poor client and family experience, as people struggle to navigate between services. • Centre of Excellence will deliver evidence-based services and clinical care to provide more consistent care. • Support and resources to Ontario Health Teams to connect patients to the types of services needed and help in navigation. • Work with people with lived experience, service providers and researchers to ensure their needs are addressed. • Framework to develop a level of needs approach to link providers across various care settings. • Coordinate access to services by developing a website with an online chat function, client resources, and a province-wide number where Ontarians can call to access crisis counselling, screening and referral to publicly-funded core services, and to learn more about services.
<p>Absence of centralized intake</p>	<ul style="list-style-type: none"> • Province acknowledges that Ontarians do not know what services exist or where and how to get help. • Centre of Excellence will establish a single point of accountability and oversight. • Support and resources to Ontario Health Teams to connect patients to the types of services needed and help in navigation.

Appendix I
Responding to the Mental Health and Addictions Needs in Peel

Lack of access to physicians and psychiatrists and poor integration of psychiatry	<ul style="list-style-type: none"> • Province acknowledges that that consistency and quality of services vary from provider to provider, and between regions. • Centre of Excellence’s Framework to develop a level of needs approach to link providers across various care settings.
Lack of supports for culturally appropriate/diverse populations	<ul style="list-style-type: none"> • Plan will work to include services for Indigenous people and communities, and the francophone communities.
Lack of housing	<ul style="list-style-type: none"> • Supportive housing investments will alleviate pressures on acute care settings by delivering housing and supports services as people living with mental health and addictions challenges transition from hospital to the community.
Lack of standardized data	<ul style="list-style-type: none"> • Province acknowledges that Ontarians, service providers and system planners do not have access to the information they need, limiting effective oversight and accountability. • Centre of Excellence will be responsible for standardizing and monitoring quality while creating common performance indicators and shared infrastructure to disseminate evidence and findings