

This document presents an overview of measures that are intended to profile mental health in the Region of Peel, with highlights of relevant facts and services available.

"1 in 5 people in Peel Region will experience a mental health concern at some point in their lifetime."¹

In 2020, there were **19,285 ED visits** for mental health-related disorders among individuals living in Peel.²

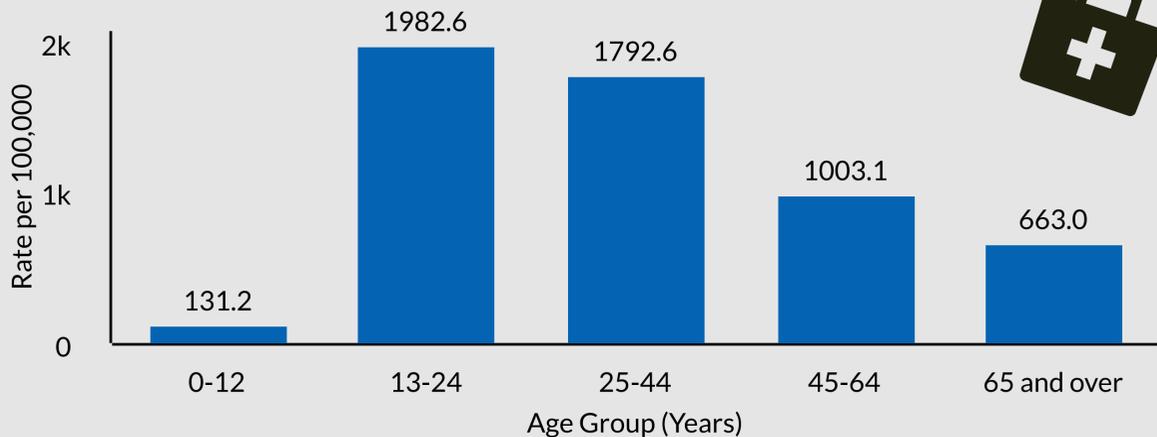
In 2016, **depression** was the most prevalent mental health disorder, with an estimated, **53,000 cases**³

Poor transitions from youth to adult mental health services lead to **disengaging** from care in **up to 60% of known cases**.⁴

Using the 2019 LHIN **community mental health and addiction program transfer payment allocations**⁶ along with the projected 2019 populations,⁷ **per capita funding** was calculated to be **\$48** and **\$36** for **Central West and Mississauga Halton LHINs**, respectively. By contrast, per capita funding for community mental health and addiction program in 2019 was **\$80** for **Ontarians**.

In 2019, **11.9%** of individuals who accessed care for a mental illness **had 3 or more repeat hospitalizations**.⁸

Emergency Department (ED) Visits for Mental Health-Related Disorders by Age Group, Peel, 2020²

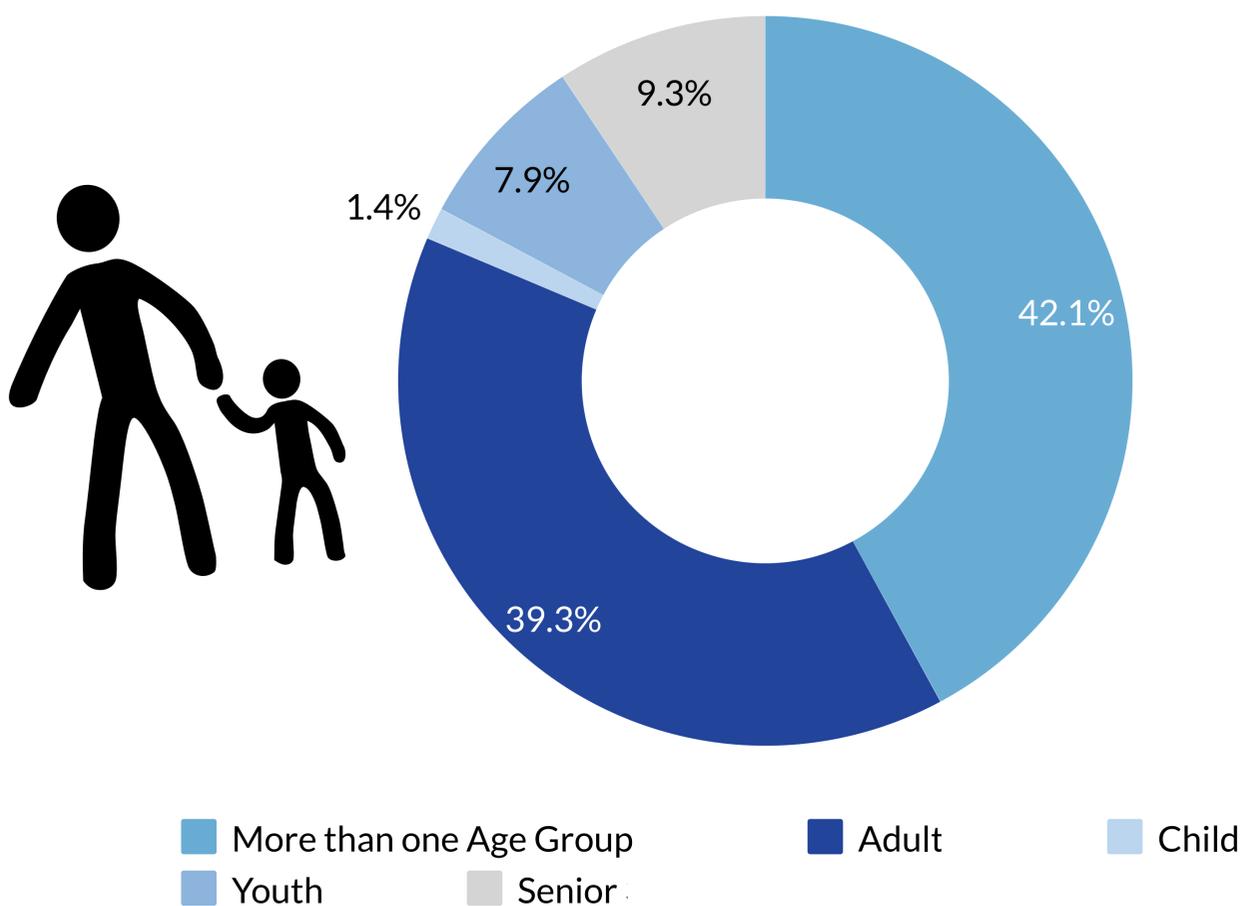


*Note: Rates exclude dementia; includes intentional self-harm and poisonings with undetermined intent when mental health is not the primary diagnosis

Peel Mental Health Organizations⁵

There are approximately **140** organizations within Peel serving the population.*

Percent of organizations providing age-specific services



■ More than one Age Group
 ■ Adult
 ■ Child
■ Youth
 ■ Senior

*Note: Not a complete count of every organization, see footnote 5.

References

- Canadian Mental Health Association. (2015). Quick Guide: Mental Health and Addictions Resources.
- Prepared by: Population Health Assessment Team, Office of the MOH, Health Services using: National Ambulatory Care Reporting System 2020, IntelliHEALTH Ontario, Ministry of Health and Long-Term Care; and Population Projections 2020, Statistics Canada; IntelliHEALTH Ontario, Ministry of Health and Long-Term Care; and Age-standardized to the 2011 Canadian population.
- Region of Peel – Public Health. The Changing Landscape of Health in Peel. A Comprehensive Health Status Report. 2019.
- Davidson, S. and Cappelli, M. (2011). We've Got Growing Up to Do: Transitioning Youth from Child and Adolescent Mental Health Services to Adult Mental Health Services. Ontario Centre of Excellence for Child and Youth Mental Health.
- Organizations limited to the following directories: Canadian Mental Health Association. 2018. Quick Guide: Mental Health and Addictions Resources Serving Peel Region, Dufferin County and Surrounding Areas; CentralWesthealthline.ca 2021, Central West Local Health Integration Network, accessed 2 August 2021, < <https://www.centralwesthealthline.ca/listCategories.aspx?id=10027>>; MississaugaHaltonhealthline.ca 2021, Mississauga Halton Local Health Integration Network, accessed 2 August 2021, < <https://www.mississaugahaltonhealthline.ca/listCategories.aspx?id=10027>>; ConnexOntario Mental Health Organization Directory.
- Ontario Treasury Board Secretariat. (2020). *Public Accounts of Ontario: Ministry Statements and Schedules 2019-2020*. Government of Ontario. <https://files.ontario.ca/tbs-public-accounts-2019-20-ministry-statements-schedules-en-2020-09-23.pdf>
- LHIN Population Projections 2019, Ontario Ministry of Health and Long-Term Care, IntelliHEALTH Ontario, Date Extracted: November 23, 2020
- Canadian Institute for Health Information (CIHI). (2019). Health Indicators Interactive Tool, Date Extracted: August 6, 2021