

#### **Request for Delegation**

FOR OFFICE USE ONLY			Attention: Regional Clerk				
MEETING DATE YYYY/MM/DD MEETING NAME 2022/06/09 Regional Council			Regional Municipality of Peel 10 Peel Centre Drive, Suite A				
2022/06/09			Brampton, ON L6T 489				
DATE SUBMITTED YYYY/MM/D	D			L-7800 ext. 4582 @peelregion.ca			
2002/05/30			L-mail. Council	wpeen egion.ca			
NAME OF INDIVIDUAL(S) Tamara Whilby, Angela Daci	res, Latisha Bloomfield and	d Hope Samuel					
POSITION(S)/TITLE(S)							
Executive Directors & Manaç	gers						
NAME OF ORGANIZATION(S)							
Women & Children Precious	Shelter						
E-MAIL			TELEPHONE NUMBER	EXTENSION			
wncpreciousshelter@gmail.com							
INDIVIDUAL(S) OR ORGANIZ	ATION(S) ADDRESS		{				
Tamara whilby	Latisha Bloom	nfield	, Hope Samuel				
REASON(S) FOR DELEGATION R The reason is to delegate fur	•	-					
A formal presentation will acco	mpany my delegation 🔽 Y	Yes No					
Presentation format: 🔽 Powe	erPoint File (.ppt)	🖌 Adobe File or Equivale	nt (.pdf)				
🗌 Pictu	re File (.jpg)	Video File (.avi,.mpg)	Other				
Additional printed information/	materials will be distributed	with my delegation : 🗌 Yes		Attached			
		round material / presentations to the C s and/or materials received after 9:30 a					
Delegation requests received less t only upon the approval of Council o		ng start time that relate to an item liste	ed on the agenda will be added	to the agenda			
		naterial is prepared in an accessible for aff to confirm your placement on the a		on is received in			
remarks to 5 minutes and 10 minu	tes respectively (approximately	gates appearing before Regional Coun y 5/10 slides). Delegations may only ap included on the agenda within the one	pear once on the same matter	within a one-year			
Please save the form t	o your personal device, then	n complete and submit via email a	ttachment to <u>council@peelr</u>	egion.ca			



#### Notice with Respect to the Collection of Personal Information

#### (Municipal Freedom of Information and Protection of Privacy Act)

Personal information contained on this form is authorized under Section 5.4 of the Region of Peel Procedure By-law 56-2019, as amended, for the purpose of contacting individuals and/or organizations requesting an opportunity to appear as a delegation before Regional Council or a Committee of Council. The completed Delegation Request Form will be redacted and published with the public agenda. The Procedure By-law is a requirement of Section 238(2) of the Municipal Act, 2001, as amended. Please note that all meetings are open to the public except where permitted to be closed to the public under legislated authority. All Regional Council and Committee meetings are live streamed via the internet and meeting videos are posted and available for viewing subsequent to those meetings. Questions about collection may be directed to the Manager of Legislative Services, 10 Peel Centre Drive, Suite A, 5th floor, Brampton, ON L6T 4B9, (905) 791-7800 ext. 4462.

Please save the form to your personal device, then complete and submit via email attachment to council@peelregion.ca



Ph: 1 437 855 3301

## WCPS & Community Nocylanly



Funded by the Government of Canada

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WCP offers an array of handpicked programs to provide optimal growth and development in our clients and surrounding communities. We are committed to addressing their social-emotional, self-care, employment, and educational needs. Our goal is to equip women with tools to be self-sufficient, for a seamless transition back to everyday living.

#### **Our Core Programs**

#### Educational Services:

The women will have access to: (in-person/on-line delivery)

- Entry level advanced computer/technology proficiency programs (Word, PowerPoint, Excel, Emailing, Texting, On-line Banking...)
- Learning how to use social media safely (*Employment, entrepreneurial networking, and personal usage*)
- Completion of high-school diplomas
- College & university enrollment assistance
- Adult Tutoring
- English, writing, and math enhancement classes
- Access to on-site devices for *on-line* education
- Financial literacy
- Child-minding for the purposes of continuing education

Our educational programs are designed to give and restore women's autonomy over their future via education. During the time spent at WCP, our ladies will be exposed to tools to propel them towards new areas of learning, or completion of previously started programs. WCP's educational programs are a cut above the rest.

\*WCP will outsource and offer in-house delivery of these services. Once <u>all</u> program models of the above-mentioned areas are solidified, WCP will amend this document.

#### **Employment Services:**

The women will have access to:

- Resume writing/enhancement classes
- In-person and on-line interview etiquette skills training
- Employment agencies
- Child-minding for the purposes of job seeking and interviews
- Career advice/mentoring
- Entrepreneurial advice/mentoring
- Interview/return to work apparel assistance
- Expungement of criminal records (Pardons Canada)
- CPR & WHMIS classes (Often employment requirements/advantages)

Our employment programs meet the needs of each woman <u>where they are.</u> We will assist them to scaffold on their existing skills, and/or guide them towards career choices where they will be successful. Enhancing their proficiencies to be employable and retainable, is our primary goal.

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#### Housing Programs:

The women will have access to:

- An assigned housing outreach personnel (In-house)
- The Region of Peel's PATH (Peel Access to Housing), program (Short-term, permanent & home ownership programs)
- Application completion assistance
- Partnered shelters, for transitional or emergency housing
- Peel Living rent geared to income/subsidized application process
- Victims Service of Peel Housing information
- Peel emergency/eviction moving funds

WCP's goal is to offer abused women a plethora of reputable housing programs in the city of Peel. We have and will continue to work collaboratively with other shelters and community based organizations, to ensure our clients have access to safe, transitional, permanent, and possible home ownership. We understand the difficulties associated with finding housing in our present climate, and we are dedicated to making the process less daunting for women.

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#### Health & Wellness:

The women will have access to:

- Self-defense classes
- Yoga and exercise programs
- Mental health counselling
- Healthy eating and cost efficient meal preparation programs
- Peel Public Health programs information (dental, pre/post pregnancy...) programs
- Addiction services in (smoking, alcohol, gambling...)

WCP's health & wellness programs undoubtedly speak to the challenges women in "survival mode" encounter. After traumatic experiences, it is an arduous task to find resources, to address both theirs and their children's (if applicable), mental and physical health needs. Women and Children Precious Shelter's health and wellness programs eliminates the women's frustration in this process

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#### Children Programs:

The children will have access to:

- Tutoring/homework assistance
- Trauma recovery
- Social-emotional intelligence building activities
- Mental-health awareness and coping strategies
- Online safety education
- Physical activities (yoga, basketball, soccer...)
- Peel Public Health vision, dental... programs
- Gardening
- Art activities
- Cooking

WCP's children programs cater to the whole child *-physically, mentally, and emotionally*. During their stay at WPC, our age directed programs will support, restore, and encourage resilience in each child.

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#### WCP Enhancement Programs

#### Chozen Trauma Recovery Program: 18+

Participants will:

- Identify the source(s) of their trauma
- Identify their triggers, coping devices,
- Work through the process of forgiveness
- Will plan short term and long-term goals
- Learn to implement/practice positive self-care /restorative healing in their lives
- Learn to communicate their needs in all their relationships

#### **Program Outline:**

- Week 1: ~ Program Information
- Week 2: ~ Identifying Your Trauma
- Week 3: ~ Triggers & Coping Devices
- Week 4: ~ Trauma Responses & Effects
- Week 5: ~ Let's Talk Self-Care/Advocacy
- Week 6: ~ Forgiveness Prt. 1 (Others)
- Week 7: ~ Forgiveness Prt. 2 (Self)
- Week 8: ~ Positive Relationships
- Week 9: ~ New Vision
- Week 10: ~ Graduation

Chozen Trauma Recovery is a safe and non-judgmental, 10-week program. Each class addresses and teaches strategies to work through stages of experienced traumatic events. After program completion, participants will be able to engage in relationships free of the negative behaviours and emotional baggage once attached to their trauma(s).

\* This program will be outsourced to Chozen 2B Whole INC.

#### Chozen Sexual Trauma Recovery Program: 18+

Participants will:

- Gain a positive perspective of who they are not through the lens of their sexual trauma(s)
- Gain an invaluable awareness about their triggers, & coping devices
- Be equipped with positive decision-making tools
- Work through the stages of forgiveness
- Be able to advocate and protect themselves
- Be equipped with tools to be in control of their future relationships
- Set attainable, sustainable, and measurable life goals
- Be celebrated (small graduation)
- Receive supporting material about various agencies and community organizations

#### **Program Outline:**

- Week 1: ~ Program Information
- Week 2: ~ Types of Traumas
- Week 3: ~ Triggers & Coping Devices
- Week 4: ~ Trauma Responses & Effects
- Week 5: ~ Let's Talk & A Therapeutic Art Activity
- Week 6: ~ Forgiveness Prt. 1
- Week 7:  $\sim$  Forgiveness Prt. 2
- Week 8: ~ Choozing 2B Whole
- Week 9: ~ New Vision
- Week 10: ~ Graduation

Chozen Sexual Trauma Recovery is a safe and non-judgmental, 10-week program. Each class addresses difficult topics related to sexual trauma and the painful affects it has on the induvial, their family and friends. After program completion, participants will be able to have meaningful and restored relationships, free of self-sabotaging behaviors.

\*This program will be outsourced to: Chozen 2B Whole INC.

#### Mindful Parenting ToolKit:

Program Outline:

- Week 1: ~ Parents Orientation Kit
- Week 2: ~ New Era Parenting Mindset
- Week 3: ~ Parenting Role Plays That Foster Positive Mental Health
- Week 4: ~ Emotional Connection with Children
- Week 5: ~ Correct Misbehaviour while Fostering Mental Health
- Week 6: ~ Parenting Role Plays to Foster Mental Health
- Week 7: ~ How Create and Maintain Harmony At Home With Fewer Frustrations
- Week 8: ~ Mindful Parenting Certificate + Parenting Affirmations

Mindful Parenting ToolKit is a 8-week program that fosters positive mental health for both mother and child(ren).

\*This program will be outsourced to: Mindful Parenting ToolKit INC

#### 2022/ 2023 WCP SHELTER BUDGET LIST ( 2 year cost)

RENTAL /LEASE	96,000 ( 24 month X \$4000)	
Liability insurance	1920 (\$80 month X24 month)	
ACCOUNTANT/TAXES COST (AUDITS)	\$5,000	
Security Patrol (protection)- GardaWorld Security 3x per day= \$135/day	\$135 X365 = \$49275 per year	
TRAVEL EXPENSES (women & Children)	7,500	
Food (Groceries)	\$19,200 (\$800 X24months)	
COVID SUPPLIES COST: Sanitizing products, and PPE if needed.	\$5,000	
PROFESSIONAL FEES (outsources of services workshops)	\$2,000	
EQUIPMENT COST: Renovated bed & furniture	10,000 for 2 years	
APPLIANCES (fridge, stove & dishwasher repair or replaced)	\$5,000	
ELECTRICITY COST: Heat & Hydro \$250 per month each	\$12000 for 2 years (\$6000 each year)	
PEEL WATER WORKS	\$200 X24month= 4800	
PROPERTY MAINTAINENCE: Below		
Grass cutting: TGL Contracting	\$320X 24 month =\$8000	
Snow removal : TGL contracting	\$200 X24month= 4800	
Plumbing estimated	\$5000 (2500 each year)	
ELECTRICAL repairs	\$5000 (\$2500Х2 years )	
IT/computers Bell Canada	\$1000 ( 2x\$500) for 2 years	
Security System repairs ( including Cameras)-Cam Sonic Installation	\$2,000	
RENOVATION ( if approved for accessibilty)		
Wheelchair accessibility (ramps, doors, washroom, lifts)	\$25,000	
Room repairs ( damages or light fixtures)	\$3,000	

Total cost Salary \* See breakdown\* 271,495 \* 2 years \$450,944-for 2 years

Social Worker (counselling)	39,600.00	100%	0%	39,600.00
Case Manager (housing placement/Jobs placement)	29,000.00	100%	0%	29,000.00
Adminitrative Assistant (Full Time/ intake worker)	39,000.00	100%	0%	39,000.00
Program Facilitator	36,000.00	100%	100%	36,000.00
Youth worker/ECE worker	30,000.00	100%	100%	30,000.00
Shelter Workers (PSW) full time & part time	277,344.00	100%	100%	277,344.00
			0%	
			0%	
			0%	
			0%	

Total Salary for 2years

450,944

## WOMEN & CHILDREN PRECIOUS SHELTER





Our Mission is to provide a safe haven for women and children within the Peel Region area who have survived the abusive situation. We intend to empower them by providing transitional housing and implementing a wide range of services.

Our Vision is to be a healing restoration sources as we tackle abuse within our community with one women at a time. We envision that all women and children survived abuse will be restored to full independence.

## Programs we offer...

- Safe and secure home (open 24/7).
- Privacy & Confidential with support assistance (in person or by telephone)
- Emergency Transportation to the Shelter
- Food, clothing and basic Personal necessities upon arrival
- Children & youth support
- Counselling support
- Assistance with Education & Employment support (community resources)
- Legal and Immigration support





### Programs/services continue...

- Parenting, women & children programs
- Assistance with housing support In Peel & GTA area
- Language interpretation (300 different languages)
- Group sessions, interactions including workshops.
- Mental health & Safety Support





## WCPS Programs continued...



# Statistics of women/male victims!

- In the year 2020, Peel Police reported that the highest number of incidents are family and intimate partner violence related. In addition, it was reported that there were about 6 intimate partner homicide in Peel Region. (peelregion.ca)
- Let go back to the year 2019, Statistic Canada, as reported, female victims are higher in cases compared to male victims, which is based on intimate partner violence including deaths, sexual and physical assault.
- Female victims total:16 (homicide causing deaths and attempted murder)about 2,138 sexual assaulted, and 14,533 physical assaulted.
- Male victims total: 5 (homicide causing deaths and attempted murder) 51 sexual assaulted, and 2966 physical assaulted.



WOMEN & CHILDREN

PRECIOUS SHELTER



## Cases of Victims in Peel...

- RECENTLY- January 21, 2022- women & men both shot in car outside Brampton home- still being investigated, reports says the gunshot of the male was self inflicted, the women did not survive.
- June 3<sup>rd</sup>, 2021- Dalbir Randhawa- killed by her spouse in Brampton park.
- August 13, 2020- Darian Hailey Henderson-Bellman- killed by her boyfriend in a Brampton home.
- December 9<sup>th</sup>, 2019-Sharanjeet Kaur body was found in the Brampton home, killed by Navdeep Singh before ending his own life.
- January, 12<sup>th</sup>, 2018- Baljit Thandi and her mother age 60- stab to death by Thandi spouse, in Brampton home.



## How can WCP Shelter Help?

- We will work with Peel Police, other shelters, hospitals in the Region of Peel, to make awareness of our availability and space for welcoming each women and children, who need to flee situations of abuse/violence.
- Partnership with Taxi transport services for emergency transport to our shelter.
- Partnership with domestic hotline in the GTA & Peel.
- We will provide a "safe-haven" for as many women & children as possible.



### Our team...

• We will have a team of professional who will provide counseling services, legal services, immigration consultation (if needed), housing support, ECE worker, youth worker, parenting & basic life skills, and volunteer staff for the both women and children.



# WCP SHELTER is here to help women & children!

