

FOR OFFICE USE ONLY		
MEETING DATE YYYY/MM/DD 2025/11/13	MEETING NAME Regional Council Meeting	
DATE SUBMITTED YYYY/MM/DD 2025/10/06	Attention: Regional Clerk Regional Municipality of Peel 10 Peel Centre Drive, Suite A Brampton, ON L6T 4B9 Phone: 905-791-7800 ext. 4582 E-mail: council@peelregion.ca	
NAME OF INDIVIDUAL(S) Vishal Khanna		
POSITION(S)/TITLE(S) Director		
NAME OF ORGANIZATION(S) Sai Dham Canada/ Sai Dham Food Bank		
E-MAIL Sai@saidham.ca	TELEPHONE NUMBER 	EXTENSION
INDIVIDUAL(S) OR ORGANIZATION(S) ADDRESS 7140 Goreway Drive, Mississauga, L4T 2T6		
REASON(S) FOR DELEGATION REQUEST (SUBJECT MATTER TO BE DISCUSSED) Presentation of activities and work done in Region of Peel for the past 13 years.		
A formal presentation will accompany my delegation <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
Presentation format: <input checked="" type="checkbox"/> PowerPoint File (.ppt) <input type="checkbox"/> Adobe File or Equivalent (.pdf) <input checked="" type="checkbox"/> Picture File (.jpg) <input checked="" type="checkbox"/> Video File (.avi,.mpg) <input type="checkbox"/> Other <input type="text"/>		
Additional printed information/materials will be distributed with my delegation: <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Attached		

Please save the form to your personal device, then complete and submit via email attachment to council@peelregion.ca

Note:

Delegates are requested to provide an electronic copy of all background material / presentations to the Clerk's Division if possible 72 hours prior to the meeting start time. **Delegation requests and/or materials received after 9:30 a.m. on the Wednesday prior to the meeting will not be provided to Members.**

Delegates should make every effort to ensure their presentation material is prepared in an accessible format. Once the above information is received in the Clerk's Division, you will be contacted by Legislative Services staff to confirm your placement on the appropriate agenda.

In accordance with the Region of Peel Procedure By-law, delegates appearing before Regional Council or Committee are requested to limit their remarks to 5 minutes and 10 minutes respectively (approximately 5/10 slides). Delegations may only appear once on the same matter within a one-year period, unless a recommendation pertaining to the same matter is included on the agenda within the one-year period and only to provide additional or new information.

Notice with Respect to the Collection of Personal Information

(Municipal Freedom of Information and Protection of Privacy Act)

Personal information contained on this form is authorized under Section 4.4 of the Region of Peel Procedure By-law 27-2022, as amended, for the purpose of contacting individuals and/or organizations requesting an opportunity to appear as a delegation before Regional Council or a Committee of Council. The completed Delegation Request Form will be redacted and published with the public agenda. The Procedure By-law is a requirement of Section 238(2) of the Municipal Act, 2001, as amended. Please note that all meetings are open to the public except where permitted to be closed to the public under legislated authority. All Regional Council and Committee meetings are live streamed via the internet and meeting videos are posted and available for viewing subsequent to those meetings. Questions about collection may be directed to the Manager of Legislative Services, 10 Peel Centre Drive, Suite A, 5th floor, Brampton, ON L6T 4B9, (905) 791-7800 ext. 4462.



SAI DHAM FOOD BANK

Registered Charity Number: 848176509RR0001
www.saidhamfoodbank.com || info@saidhamfoodbank.com

***"One Purpose, One Commitment:
Hunger Ends with Us."***



About Us

2012



Ms. Subhra Mukherjee, Director,
Sai Dham Food Bank



Mr. Vishal Khanna, Director, Sai
Dham Food Bank

- Co-founded by **Ms. Subhra Mukherjee and Mr. Vishal Khanna**, by addressing food insecurity in our neighborhood.
- As of **2025**, we have expanded operations across **27+ cities** in the **GTHA region**, reaching **60,000+** beneficiaries via our programs.
- Currently offering **Four Distinct Programs** to tackle **food insecurity and affordability** in GTHA, along with several other initiatives, such as **local food bank assistance** and **free food markets**.



Our Mission

“To ensure No one goes to bed hungry by addressing food insecurity and providing support to those in need, with a focus on dignity and well-being.”



Program Highlights and Key Statistics: 2024-25



**SAI DHAM
FOOD BANK**



Seniors and People with Disability Grocery Delivery Program

2012

- **27 cities served** across the **Greater Toronto Hamilton Area (GTHA)**.
- **3200+** Seniors & Disabled individuals served every month so far in 2025. Including **1203** in the **Region of Peel**.

- Hamper Contents:



- Total Pounds of Food Delivered: **1.61 million lbs.** (approx.) from Jan'25 to till date. Out of this, **600,000 lbs.** (approx.) is in the **Region of Peel**.
- **Only food bank offering doorstep delivery of medically & culturally appropriate groceries.**



Children Breakfast Hamper and Snacks Program



2014

- Started in the year 2014 by supporting local schools in Malton, Mississauga.
- During COVID, **5,000 breakfast hampers** were delivered to **1,000 children every month** and at present **9,675 breakfast hampers** are being served in **23 schools** (Catholic and Public) every month as of now and this is growing every week.

- Hamper Contents:



- Additionally, conducted several one-time grocery support initiatives under this program on request of social workers and officials of schools. Along with this, there is a **Snacks Program** delivering **healthy baked muffins, banana breads etc.**
- **Why it matters? Fueling Young Minds, One Meal at a Time**

“No child should come to school hungry”



Highlights of Children Breakfast Program



Ward 5 Malton, Mississauga



Ward 7 & 8, Brampton



Feed The Homeless Program


2020

- Locations Covered: Across **7 cities** in the **Greater Toronto Hamilton Area (GTHA)** including, **Brampton, Brantford, Hamilton, Guelph, Cambridge, Barrie and Toronto.**
- Currently, serving **5200+ homeless** individuals every month.
- Hamper Contents: 
- Total Pounds of Food Delivered: **112,691.31 lbs.** (approx.) till date in 2025
- **"Providing nutritious meals to those facing homelessness—because everyone deserves food, dignity, and hope"**



Student Grocery Program

2020

- Program started during COVID when students were finding difficult to sustain, we also partnered with **Sheridan College** with weekly hamper support on **Davis campus (Brampton)**.
- Total of **11,874 students** have benefitted so far.
- With 90% of students served were from Region of Peel.
- Hamper Contents: 
- A student can collect a hamper once **every 3 months**.



Assisting Local Food Banks

2016

- We started supporting **local food banks from the year 2016 in Region of Peel.**
- As on date, we support **100 Local Food Banks, Churches and Agencies** with fresh produce and non-perishable in the **Region of Peel.**
- We have **160+** Local Food Banks, Churches and Agencies registered with us.
- Total Pounds of Food Donated (2025): **1.24 million lbs.** (approx.) till date. Out of it, **77,000 lbs. approximately** served in **Region of Peel.**



Free Food Markets

2024

- Started in the year 2024 with a focus on to tackle rising food prices and addressing **food insecurity and affordability**.
- The free food market serves the high need neighborhood areas of **Malton, Mississauga and Brampton**.
- No. of Beneficiaries: **2000+ families** benefited per month (Until Oct'25)
- Free food markets are organized **once a month** to address growing food insecurity and affordability issues.
- Total Pounds of Food Donated: **202,258.41** lbs. (approx.) donated till date.



Free Food Market - Malton



Sai Dham Seniors Wellness

2021

- Started in the year 2021
- Dedicated to supporting the **health, dignity, and independence** of older adults in the community.
- Services delivered

Social
Engagement
Activities

Cognitive
Simulation
Activities

Meditation and
Mindfulness
Sessions

Reminiscence
Therapy

Physical
Wellness
Program

Music Therapy



Sai Dham Seniors Wellness

- Seniors' buildings served – **06**

Mississauga - **4 Caroline Street (high need for Dementia),**
- **3580 Etude Drive**

Brampton - **McHardy Place - 175 Central Park**
- **1 Knightsbridge - Manor bridge**
- **1 Maple Avenue**

- Frequency - **1.5 hours session twice a week**
- Attendees – **15-18 seniors (approx.)**
- Engagement hours - **6 bldgs × 2 sessions/wk × 1.5 hours = 18 hrs/wk**
Over one year: ~936 hrs/year

This program is paused for now due to funding constraint.



Sai Dham Seniors Wellness

4 Caroline St, Mississauga





Thank You!

Merci!

"With your support, we can turn hope into action and make a lasting impact."

-Team Sai Dham Food Bank



**SAI DHAM
FOOD BANK**

