

FOR OFFICE USE ONLY		
MEETING DATE YYYY/MM/DD 2026/04/23	MEETING NAME Regional Council	
DATE SUBMITTED YYYY/MM/DD 2026/04/01	Attention: Regional Clerk Regional Municipality of Peel 10 Peel Centre Drive, Suite A Brampton, ON L6T 4B9 Phone: 905-791-7800 ext. 4582 E-mail: council@peelregion.ca	
NAME OF INDIVIDUAL(S) Zafer Zakariya Khan, Malik Mubashir Ahmed		
POSITION(S)/TITLE(S) Co-Founders		
NAME OF ORGANIZATION(S) SAALVIO		
E-MAIL zkhan@saalvio.com	TELEPHONE NUMBER [REDACTED]	EXTENSION
INDIVIDUAL(S) OR ORGANIZATION(S) ADDRESS 3300 Highway 7, Suite 600, Vaughan, Ontario, Canada, L4K 4M3.		
REASON(S) FOR DELEGATION REQUEST (SUBJECT MATTER TO BE DISCUSSED) Present existing Mental Health Challenges faced within the community and how SAALVIO aims to help our communities.		
A formal presentation will accompany my delegation <input checked="" type="checkbox"/> Yes <input type="checkbox"/> No		
Presentation format: <input checked="" type="checkbox"/> PowerPoint File (.ppt) <input type="checkbox"/> Adobe File or Equivalent (.pdf) <input type="checkbox"/> Picture File (.jpg) <input type="checkbox"/> Video File (.avi,.mpg) <input type="checkbox"/> Other <input type="text"/>		
Additional printed information/materials will be distributed with my delegation: <input type="checkbox"/> Yes <input type="checkbox"/> No <input type="checkbox"/> Attached		

Please save the form to your personal device, then complete and submit via email attachment to council@peelregion.ca

Note:

Delegates are requested to provide an electronic copy of all background material / presentations to the Clerk's Division if possible 72 hours prior to the meeting start time. **Delegation requests and/or materials received after 9:30 a.m. on the Wednesday prior to the meeting will not be provided to Members.**

Delegates should make every effort to ensure their presentation material is prepared in an accessible format. Once the above information is received in the Clerk's Division, you will be contacted by Legislative Services staff to confirm your placement on the appropriate agenda.

In accordance with the Region of Peel Procedure By-law, delegates appearing before Regional Council or Committee are requested to limit their remarks to 5 minutes and 10 minutes respectively (approximately 5/10 slides). Delegations may only appear once on the same matter within a one-year period, unless a recommendation pertaining to the same matter is included on the agenda within the one-year period and only to provide additional or new information.

Notice with Respect to the Collection of Personal Information

(Municipal Freedom of Information and Protection of Privacy Act)

Personal information contained on this form is authorized under Section 4.4 of the Region of Peel Procedure By-law 27-2022, as amended, for the purpose of contacting individuals and/or organizations requesting an opportunity to appear as a delegation before Regional Council or a Committee of Council. The completed Delegation Request Form will be redacted and published with the public agenda. The Procedure By-law is a requirement of Section 238(2) of the Municipal Act, 2001, as amended. Please note that all meetings are open to the public except where permitted to be closed to the public under legislated authority. All Regional Council and Committee meetings are live streamed via the internet and meeting videos are posted and available for viewing subsequent to those meetings. Questions about collection may be directed to the Manager of Legislative Services, 10 Peel Centre Drive, Suite A, 5th floor, Brampton, ON L6T 4B9, (905) 791-7800 ext. 4462.



Transforming Mental Health

<http://www.saalvio.com/>

The state of Mental Health

CANADA



20% - 1 in 5 Canadians

7.6 Million People Struggle with Mental Health Challenges



1 In 3 Canadians – ~9.1M

Experience burnout



50% by the age 40

Half will have experienced a mental health condition



CANADA

Wait Time

- ▶ 2–6 months for psychotherapy.
- ▶ 12+ month for specialized care.
- ▶ Children and youth may wait up to 18 months.
- ▶ 1 in 4 people give up due to long delays.



Existing Digital Eco System

- ▶ Platforms are siloed
- ▶ Users juggle multiple apps.
- ▶ More apps mean more fees.
- ▶ Fragmentation drives up costs.

Building The **Team**



Zafer Zakariya Khan

(Co-Founder)



Usman Khan

(Co-Founder) MD, MPH, MACP, RP



Malik Mubashir Ahmed

(Co-Founder)

And Inspired **From**

An Italian Verb

SALVARE

To Save, Rescue, Preserve, or Protect.

A Plant From Sage Family

SALVIA

The healing herb known for its wisdom and restorative power

An Urdu/Hindi Word

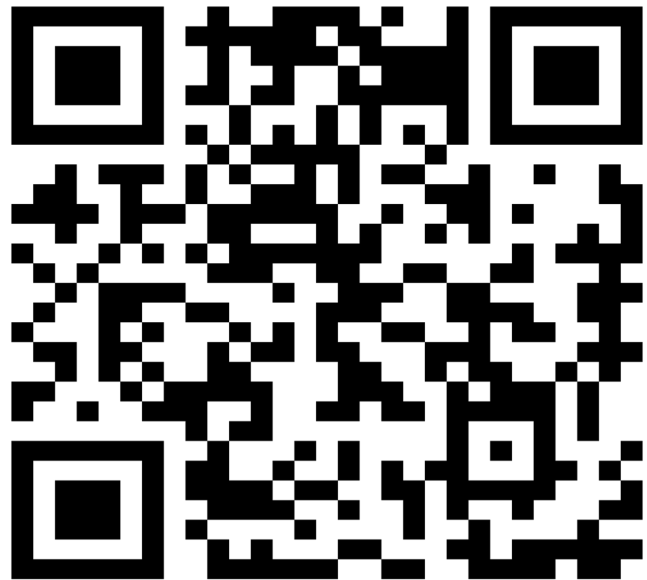
SAAL

Echo's the year 2020, When humanity faced profound challenges

Introducing SAALVIO

A groundbreaking Holistic mental health solution aimed at providing accessible and evidence-informed assistance for a wide range of mental health requirements.

SCAN ME TO BEGIN



01

Guided Self Help Tools

- Interactive CBT Exercises
- Mood Tracking
- Journaling Modules
- Cognitive Games
- Calming Music

02

AI Chatbot “Thrive-AI

- AI- Powered Multilingual Chatbot
- Focused on Cognitive Behavioral Therapy
- Personalized guidance with 24/7 availability

03

Licensed Psychotherapists

- 1-on-1 Audio/Video Therapy sessions
- Multilingual Therapists catering diverse userbase
- Variety of therapeutic approaches like CBT, DBT, ACT



Why is SAALVIO unique?

Only Platform Offering all three pillars of mental health care:

- ▶ Self-Help Empowerment
- ▶ AI-driven continuous support
- ▶ Human therapist when you need them the most

Feature / Platform	Meditation Apps	Therapy Platforms	AI Chatbots	SAALVIO
Self-help Tools	✔ Guided Meditation & Mindfulness	✘ Limited	✔ AI Chat	✔ Comprehensive self-help library (CBT, mindfulness, journaling, exercises)
Ai-powered Support	✘ None	✘ None	✔ Basic CBT ✘ No Crisis Management	✔ Thrive-AI (advanced CBT-based, conversational, always available)
Licensed Therapists	✘ None	✔ Large network (subscription-based)	✘ None	✔ On-demand, vetted psychotherapists
Holistic Approach	✘	✘	✘	✔ All-in-one: Self-Help + AI + Human Care
Accessibility & Stigma-free	✘ Limited	✘ Cost barrier	✘ Limited Dept	✔ Affordable, stigma-free, scalable, culturally inclusive

➤ Saalvio = Safe. Holistic. Accessible. Scalable.

Why we are here



Collaboration

Therapy sponsored by the region
Collaborate with HTs & CO



Endorsement

Preferred Virtual Provider



To successfully spread
SAALVIO, we are seeking!



Thank You!!

✉ ZKhan@Saalvio.com

🌐 www.saalvio.com

☎ +1 (647) 687-6021

