

# Region of Peel- Provincial Update

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## Focus of Today's Discussion

1. Mental Health & Addiction Services.
2. Long Term Care
3. Support for Business

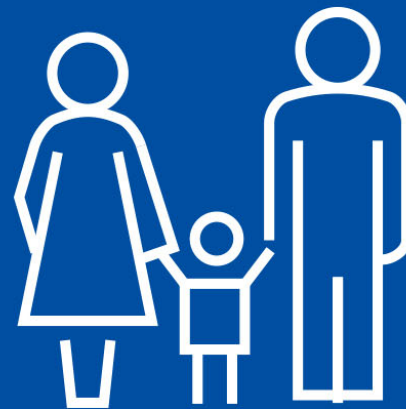
# Mental Health & Addiction Services

- Ontario government is working hard to keep Ontarians safe through these unprecedented times.
- Mental Health and addictions services are one of Ontario's top priorities.

# Mental Health and Addiction Services

MENTAL HEALTH AND ADDICTIONS SERVICES

# Expanding services and supports for Ontarians



# Ontario Investing an Additional \$176M in Mental Health and Addictions Services Bigger Picture

- This funding is part of the province's investment of **\$3.8 billion** over 10 years and enables Ontario's comprehensive plan, [A Roadmap to Wellness](#), to deliver high-quality care and build a modern, connected and comprehensive mental health and addictions system



- Every year, 1.4 million Ontarians experience a mental health or addictions challenge
- In February 2020, a new Mental Health and Addiction Centre of Excellence was created under Ontario Health. The centre will implement the roadmap.
- The roadmap to wellness is based on 4 pillars;
  1. Improving quality;
  2. Expanding existing services;
  3. Implementing innovative solutions; and
  4. Improving access.

## Roadmap to Wellness

### Mindability:

Building lifelong skills for mental wellness



- As part of the third pillar, Ontario launched **Mindability**, a new, first-of-its-kind program in Canada that is providing evidence-based cognitive behavioural therapy.
- **Cognitive behavioural therapy** is widely recognized as an effective intervention for anxiety and depression, the two most common mental health issues faced by Ontarians.
- Patients will receive an assessment from a trained mental health clinician and be offered a therapy.
- Services available include internet-based modules, personal workbooks, telephone coaching, and clinical counseling, as well as face-to-face, group and individual therapy.
- **Mindability** is funded just like OHIP, with no out-of-pocket costs for patients. It rolled out in spring 2020 with further expansion planned for the fall. The government invested **\$20 million** for its launch.



# Ontario Investing an Additional \$176M in Mental Health and Addictions Services

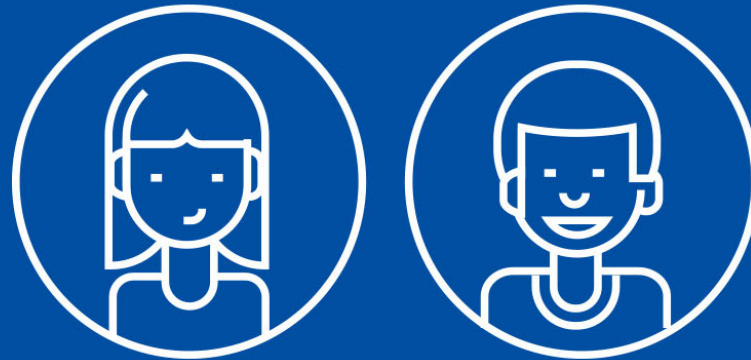
- **\$176 million** in annual funding to take care of people and make sure everyone has access to mental health and addictions supports especially during COVID-19
- The increased funding will help address urgent gaps in care, enhance access to mental health and addictions services, create new supports and expand programs in several priority areas, including:
  - Community-based services, including services for children and youth;
  - Mental health and justice services;
  - Supportive housing for individuals with serious mental health and addiction challenges, and who are either homeless or at risk of becoming homeless;
  - Community and residential addictions, including treatment and care for opioid addictions;
  - Increased supports for Indigenous peoples, families, and communities; and
- More hospital in-patient beds for mental health and addiction patients.
- Region of Peel funding

## Funding Breakdown:

- **\$4 million** for nurse practitioners for detox services to improve the medical management of clients who are withdrawing from substance use in residential withdrawal management facilities by enhancing access to a nurse practitioner;
- **\$8 million** for addictions day/ and evening care to increase access to intensive non-residential addictions and substance use treatment services for youth and adults; and
- **\$3.5 million** for in-home/mobile withdrawal management services to increase access to community withdrawal management services for hard to service clients, including those located in rural areas.

MENTAL HEALTH AND ADDICTIONS SERVICES

# Improving community-based services, including services for children and youth



# Ontario Expanding Innovative Mental Health and Addictions Services

- Premier Doug Ford joined by Michael Tibollo, Associate Minister of Mental Health and Addictions, and Greg Rickford, Minister of Energy, Northern Development and Mines and Minister of Indigenous Affairs, announced that the Ontario government is providing an additional **\$14.75 million** to increase access to innovative mental health and addictions services, and expand in-person, virtual & online services, including internet-based Cognitive Behavioural Therapy (iCBT).
- This includes **\$ 4.75 million** targeted towards indigenous communities.

MENTAL HEALTH AND ADDICTIONS SERVICES

**Investing in CAMH to create a  
connected and coordinated  
system of care for patients**



# Ontario Expanding Innovative Mental Health and Addictions Services

- Ontario will be investing **\$2.9 million** to fund eight research projects submitted through the Ontario Together portal.
- These research projects will focus on mental health, ventilation, imaging, and transmission to support Ontario's response to preventing, detecting, and treating COVID-19.
- This is on top of the incredible work already being done through the government's **\$20 million** Ontario Rapid Research Fund.
- These projects will focus on a wide variety of areas such as supporting the mental health and well-being of families and children, assessing the long-term health effects of COVID-19, the development of an app to better manage the care of patients, and an evaluation of the effectiveness of wearing masks to block the virus.

# Ontario Expanding Innovative Mental Health and Addictions Services

- This investment was provided through the Supporting People and Jobs Fund and will help community-based mental health and addictions programs meet increasing service demands. The funding is being distributed as follows:
  - **\$7 million** to safely expand in-person mental health and addictions services to bridge current gaps brought on by COVID-19, including community-based services, congregate living and supportive housing;
  - **\$4.75 million** to support culturally safe services for Indigenous communities, with a focus on children and youth; and
- **\$3 million** to expand virtual and online services including addictions supports, Internet-based Cognitive Behavioural Therapy (iCBT) and an online peer support community for mental health

# Ontario Increasing Mental Health Support

- Emergency Funding of up to **\$ 12 million** to immediately expand online and virtual mental health supports and **\$ 2.6 million** to hire new psychologists and other mental health workers to support Ontario provincial police personnel.



## Benefits of these services

Will help people who are experiencing

- Anxiety
- Stress
- And other mental health challenges
- Including people who can not access their regular in person counselling supports.

## Expanding services based on behavioural therapy (CBT)

Such as:

- Back Bounce
- Kids Help Phone
- ConnexOntario
- Good2talk
- Internet based cognitive behavioural therapy
- ICBT for Frontline health care workers
- Training for Brief CBT based interventions

## Hiring additional Mental Health Workers

- Hiring additional mental health workers for the OPP is response to four of the 66 recommendations by the OPP independent review panel in its final report.

## Mobile crisis intervention units

- **Collaborative partnerships between participating hospitals and the Toronto Police Service (TPS).** The program partners a mental health nurse and a specially trained police officer to respond to situations involving individuals experiencing a mental health crisis.
- MPP Kusendova, Minister Jones, Minister Sarkaria, and Chief Nish, and Inspector Mark Dapat all support the Mobile crisis intervention units
- Advocating for expansion of this program and currently two in Peel Region
- Spoke with CEO of CMHA Ontario ,Camille Quenneville

# Mental Health Tele Town Hall

**JOIN US!**  
On Facebook Live

## Mental Health is Health Town Hall

**Speakers:**

- **Hon. Micheal Tibollo**  
Associate Minister for  
Mental Health and Addictions  
Services
- **Natalia Kusendova**  
Registered Nurse and  
MPP Mississauga Centre
- **Maria Tandoc**  
Mental Health RN  
Registered Nurses'  
Association of Ontario
- **David Smith**  
CEO of the Canadian Mental  
Health Association
- **Laurie Ridler**  
CEO of Services and Housing  
in the Province

**May 7  
at 7-8 pm**

Join our panel of  
experts to discuss how  
the pandemic has  
affected people's  
mental health and learn  
about the resources  
available to seek help.

## Upcoming initiatives

- The ministry of Health is working closely with the Centre of Excellence to drive forward key elements over the upcoming months including;
  1. Development of core services framework
  2. Data digital initiative
  3. Rollout of the capital Ontario Structured Psychotherapy Program

# Long term Care

## Pandemic pay

- **\$1.5 billion** in provincial and federal funding was made available to support the critical work of over 375,000 eligible frontline employees including those working in LTC.
- LTC homes including private, municipal & non-for-profit were eligible
- All non-management employees and workers were eligible (full time, part time & casual)
- Ontario's pandemic pay was the most generous in Canada, with lump sum payments of up to **\$1,000** over the 16-week period, and no limit on hours qualifying for the \$4 per hour worked.
- Unlike other provinces, Ontario's pandemic pay did not require an application process and employees in Ontario have begun receiving their pay faster than in most provinces.



# Long Term Care

- And supporting frontline workers, families, and caregivers by:
  - Investing **\$200,000** to improve the Ontario Matching Portal, to help employers get faster matches that best meet their needs;
  - Expanding training, tools, and resources across the social services sector; and
  - Continuing to update visitor policies for congregate care settings, including long-term care, that promote family and caregiver involvement to support better care and reduce isolation.

## Long Term Care

- Through these investments, the province is hiring another 2,000 personal support workers and 800 more nurses to provide quality care to patients and long-term care residents.

A photograph showing a healthcare worker, likely a Personal Support Worker (PSW), wearing a black shirt, a red patterned face mask, and white gloves. She is seated and leaning forward, attending to a patient who is seated in a wheelchair. The patient is wearing a dark long-sleeved shirt. The scene is set indoors, with a window and curtains visible in the background. A green banner with white text is overlaid on the bottom half of the image.

**Temporarily increasing PSW wages to stabilize the health care work force**



## PSW increasing wages

- The province is providing a temporary wage increase effective October 1, 2020 to over 147,000 workers who deliver publicly funded personal support services:
- **\$3 per hour** for approximately 38,000 eligible workers in home and community care;
- **\$3 per hour** for approximately 50,000 eligible workers in long-term care;
- **\$2 per hour** for approximately 12,300 eligible workers in public hospitals; and
- **\$3 per hour** for approximately 47,000 eligible workers in children, community and social services providing personal direct support services for the activities of daily
- This wage increase continues to build on the province's [COVID-19 fall preparedness plan](#) which includes an investment of \$26.3 million to support PSWs and supportive care workers.



**Ontario temporarily enhances wages for personal & direct support workers**



Investing more than  
\$500 million  
**in preparedness  
funding for  
long-term care  
homes**



### Long-term Care Preparedness

- We are committed to building a system that works in the best interest of residents and the people who work so hard to keep them safe.
- Our seniors' safety is our top priority.

**“COVID-19 demands a culture of continuous learning: the more we learn, the better we can plan and prepare for potential future waves. We are committed to applying what we have learned during this outbreak to build and strengthen a long-term care system that works in the best interests of our residents and the people who work so hard to keep them safe.”**

**Dr. Merrilee Fullerton,**  
Minister of Long-Term Care



### Long-term Care Preparedness

- Ontario is investing close to **\$540 million** in preparedness funding for the long-term care sector

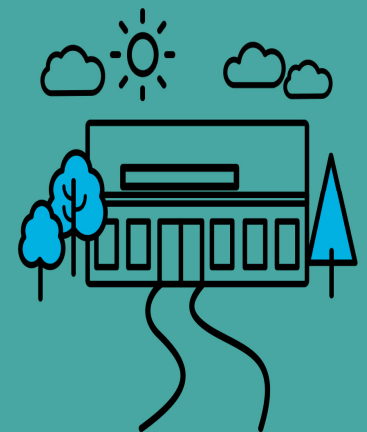


## Investing \$61 million to improve infection prevention and control in long-term care homes



- **\$405 million** for COVID-19 prevention and containment measures
- **\$61.4 million** for minor capital and renovations in homes that will improve infection prevention and control
- **\$40 million** in one-time operating support for LTC homes experiencing reduced occupancy due to COVID-19
- **\$30 million** in infection prevention and control staffing – \$20 million for personnel and \$10 million to fund training for new and existing staff
- **\$2.8 million** to extend the High Wage Transition Fund

## Investing \$40 million to help stabilize long-term care homes through the transition to lower occupancy rooms





# Long-term Care Preparedness

- The plan is just one part of Ontario's three-pronged strategy for addressing COVID-19 in long-term care homes, along with:
- emergency response – invoking measures outlined in the [COVID-19 Action Plan](#) in response to continued outbreaks.
- modernization – building a 21<sup>st</sup> century, long-term care system that addresses long-standing systemic challenges and leads to infrastructure that supports a safe, high quality of life for residents.

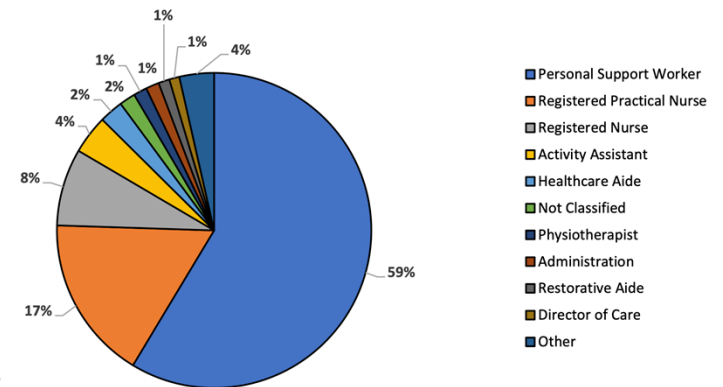
# Long-term Care Preparedness

- Ontario investing in **\$ 30 million** to fund infection & control staffing
- This funding is intended to support increased infection and control capacity in long-term care home by providing **\$20 million** for dedicated resources for new personnel and **\$ 10 million** to fund training for new and existing staff.

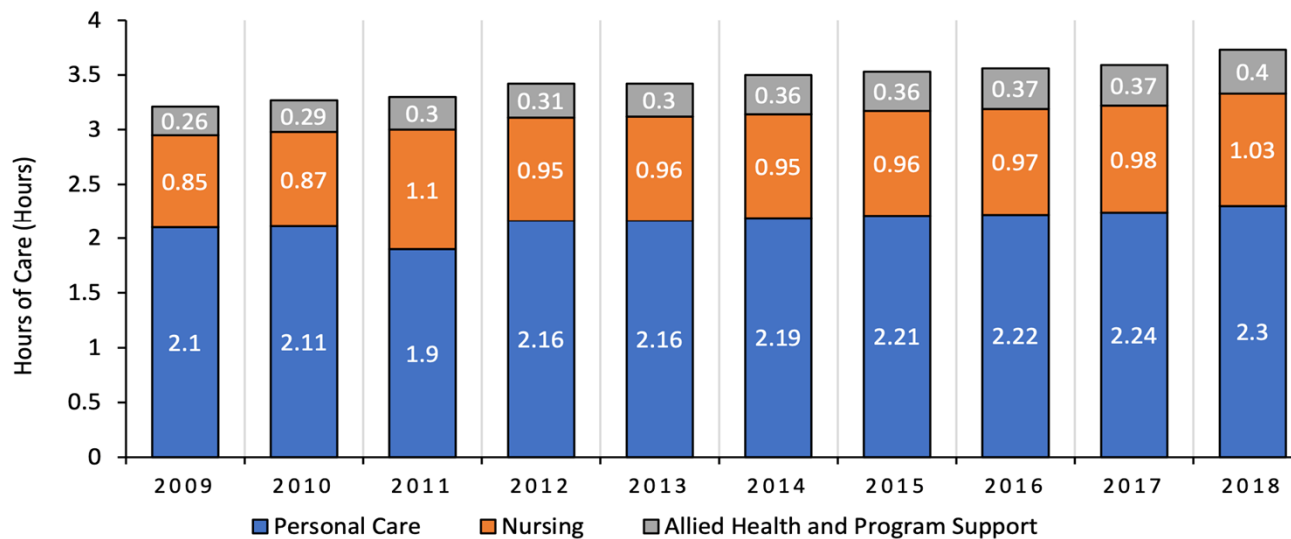
# Long Term Care staffing study

- [Ontario.ca/LongTermCare](https://ontario.ca/LongTermCare)
- Study conducted by the ministry with a report published July 30<sup>th</sup> 2020.
- Study is intended to address staffing challenges, modernize the sector and transform LTC into a residence centered home for some of Ontario's most vulnerable.
- 100 K employees across Ontario.
- Caring for 78 K medically complex residents.
- 58 % are PSWs
- 25% are RNs, RPNs and NPs
- Remainder are OT, PT, Dietitians, MDs, House-keeping, admin, recreational workers, cooks and SWs.
- 25 % of PSWs (with 2 or more years of experience) leave the sector every year.

Average Proportion of Staff Employed in Homes, as of 2018<sup>29</sup>



### Paid Direct Hours of Care Per Resident Per Day in Ontario<sup>33</sup>



- As of 2018 homes report an average of 3.73 direct hours / resident, per day based on paid hours.
- 2.3 hours by PSW, 1.03 hours by RN / RPN, 0.4 hours by allied/programming.
- This represents a 15 % increase between 2009 and 2018

## How is the province addressing staffing shortages in Long Term Care

- PSW Return of Service – will place up to 1,000 PSWs in long-term care homes by offering them \$5,000 for committing to work in a long-term care home for at least six months
- PSW Fast-Track – will fast-track students with prior health care experience in a condensed PSW program
- Supportive Care – will train 160 workers to provide basic home support services
- Nursing Incentives – The province will work with key nursing partners to strategically place up to 390 nurses in long-term care homes identified as most in need. Nurses will be offered a financial incentive to work in a long-term care home
- Nursing Graduate Guarantee – \$18 million investment, which provides full-time salaries and benefits to over 600 nurses with a focus on recruiting in areas of need, such as long-term care homes
- Attending Nurse Practitioner – will add 15 more nurse practitioners in long-term care homes throughout the province

# How is the province addressing staffing shortages in Long Term Care

Other measures include:

- Extending staffing flexibility in long-term care through the extension of emergency orders in the [Reopening Ontario Act, 2020](#)
- Partnering with the Ministry of Health on enhancements to the [workforce matching portal](#), which provides staffing support to long-term care homes and across the health system
- Supporting family members who provide essential care to long-term care residents. The [visitor policy](#) released on September 2 provides guidance to long-term care homes to connect caregivers with training, education and resources on Protective Personal Equipment (PPE) and Infection Prevention and Control (IPAC), so caregivers can care safely for their loved ones

# Long Term Care staffing study

## Five recommendations:

1. Number of staff needs to increase.
  - Human health resources strategy to increase number of health professionals in Ontario.
  - Micro-credentialing.
  - Foreign credentials.
2. Culture needs to change.
  - Seeing residents as people who have value.
  - Culture shift to value human dignity at the end of life.
  - LTC is not a place to go to die, rather live with a good quality of life.
3. Workload and working conditions must improve.
  - Evidence based practices & home inspections
4. Effective leadership and access to expertise required.
  - Roles of Nurse Practitioners.
5. Workforce recruitment, retention and opportunities for learning and growth.
  - Embed nursing students within the LTC sector
  - Adding geriatric curricula to all health professionals.
  - Bridging programs

# Long Term Care staffing study

Statistics current as of July 2020

## Pressures of COVID-19

- Existing issues exacerbated exponentially.
- Some homes reported critical staffing shortages impacting quality of care and employee safety.
- 52 % of homes experienced an outbreak (defined as a single lab-confirmed case of COVID-19 in a staff or resident).
- 21.5 % of cases in Ontario were in LTC.
- 63.7 % of deaths in Ontario were in LTC.
- The government has announced an independent commission into LTC to better understand the impacts of COVID-19.



# Butterfly Home Project



# Support for Business

- **\$ 300 million** to offset fixed cost such as; property taxes, hydro & natural gas bills.
- **\$ 60 million** grant for PPE.
- Increasing the range of products sold at the Ontario food terminal.
- Promoting Ontario made/grown products with “Made in Ontario/Fabrique en Ontario” logo.
- 50 temporary regulatory changes made to help businesses adapt, 400 more under consideration (red-tape reduction).
- Corporate income tax reduction by 8.7% as of Jan 1<sup>st</sup> 2020.
- **\$ 50 million** Ontario together fund to help businesses retool operations.
- Better for business, smarter for people act 2020.

## Ontario's main street recovery includes:

- **\$ 57 million** - Digital main street program (\$2500 / grant), helping close to 23k small businesses build and improve their online presence. [digitalmainstreet.ca](https://digitalmainstreet.ca)
- Digital main street squad going live across Ontario composed of talented graduates with strong tech and marketing backgrounds.
- New web page to assist small business to quickly find supports and information. [ontario.ca/smallbusiness](https://ontario.ca/smallbusiness)
- Mental health supports to business owners and employees (BounceBack, internet based Cognitive Behavioral Therapy).
- Allowing alcohol sales as part of food take-out and delivery.
- Modernizing Ontario's assistive device program (businesses selling devices can upload claims online & receive payments in 1 to 2 weeks instead of 8).

“Every day, people in communities across Ontario depend on small businesses. They did their part and closed their doors during the first wave of the pandemic. Now they are depending on all of us. Our government is determined to support them through this pandemic and beyond.”

Prabmeet Singh Sarkaria,  
Associate Minister of Small Business  
and Red Tape Reduction

# Thank you !

Any questions?